



Special
REPORT

THE CHEATING DISORDER

FIND OUT IF YOUR MAN HAS IT

Some men really are born to cheat — our expert tells you how to spot them

Mark Owen has
admitted to cheating on
his wife Emma 10 times



It's only March, but 2010 is already shaping up to be the year of the cheat. We've been shocked by allegations about Tiger Woods, John Terry and Ashley Cole betraying their wives, Vernon Kay sexting and now even squeaky-clean Mark Owen has admitted to affairs.

So why is it that men with such beautiful, successful wives cheat on them? Is there ever an excuse for men who stray?

Well, there could be many reasons behind what these celeb blokes have apparently done, but according to the experts there is a condition that makes men literally unable to stop themselves cheating. Up to 3% of the population suffers from Narcissistic Personality Disorder (NPD), an affliction that makes you crave attention and unable to really care for anyone else. Almost 75% of people diagnosed with NPD are men and worryingly, these men often seem to be perfect partners — they're so charming that it's easy for them to attract women.

'Beneath the façade, people with NPD are selfish, egotistical and have no consideration for their partner's feelings,' says psychological counsellor, Sam Vaknin, author of *Malignant Self Love: Narcissism Revisited*. 'The disorder makes them addicted to being admired by as many people as possible, and an easy way of getting their fix is by charming women into sleeping with them.'

So what exactly is NPD and how can you spot the men who are born to cheat?

THE DISORDER

People with NPD are obsessed with a fantasy of unlimited success, power and ideal love and beauty. 'Someone with NPD is so convinced they are superior to others that they prioritise their own needs above anyone else,' says Sam.

Men with NPD are likely to be charming and successful, but the condition means they don't care about anyone else, and are only interested in the benefits of being looked after in a relationship. 'They're only interested in taking care of their own wants and needs,' says Sam.

Some men are
addicted to
being admired